

## OVERVIEW

The Adult Family Care Program (AFC) provides an affordable residential alternative to individuals in the community who, due to disability or age, cannot live independently. The program offers a cost-effective option to placement in a long-term care facility and keeps individuals living in the community in privately-owned homes. AFC can admit for long term care and short term care needs, such as respite and rehabilitation.

Since 1989, Senior Citizens United Community Services, Inc. has operated the Adult Family Care Program (AFC). AFC was developed and managed as a pilot program for the State of New Jersey and has remained the largest licensed program of its kind in the State, serving Camden, Burlington, Gloucester and Mercer Counties.

**The Perfect Program for  
Long Term Care  
Respite  
Rehabilitation**

## HOW AFC WORKS

♥A professional staff of nurses and social workers evaluate each individual for the program. If appropriate, the staff matches the individual in need of care to a homeowner who is compatible.

♥Home Care Providers must be certified as an RN, LPN, CNA or home health aide, or willing to complete a certified training program.

♥All home care providers are carefully screened by staff, including a criminal background check, references and medical clearance. Their homes must meet safety standards established by the Department of Health and Senior Services. Home care providers must demonstrate a caring attitude.

♥AFC professional staff supervises the match and provides on-going case management to ensure a high quality of care. A nurse and social worker are assigned to each individual in placement. A *Care Plan* is developed for each participant in consultation with their doctor, family, and the AFC staff.

♥Professional staff are accessible to participants 24 hours a day.

## ELIGIBILITY

- 21 years of age or older with physical disabilities
- Requires assistance with activities of daily living
- Able to communicate needs
- Oriented , but may have intermittent periods of confusion or forgetfulness
- Continent of bowel
- Ambulatory or ambulatory using an appliance/requires assistance of no more than one person
- Does not exhibit harmful behavior
- Certified by physician as free of communicable diseases (e.g. Tuberculosis)
- All income groups are welcome

### WHAT IS THE COST OF AFC?

AFC is an affordable short or long-term care option - about half the cost of a nursing home.

**For those financially eligible, Medicaid will subsidize the cost of the program.**

## CLIENT BENEFITS

The Home Care Provider provides participants with :

- ◆ Ability to remain independent for as long as possible in the community
- ◆ 24 hour support
- ◆ Assistance with daily activities
- ◆ Medication Supervision
- ◆ Personal care services
- ◆ Meal preparation
- ◆ Laundry and housekeeping

## HOME CARE PROVIDER BENEFITS:

- ◆ Paid a monthly room and board
- ◆ Paid a monthly stipend also
- ◆ 24-hour support from staff
- ◆ Informative in-services
- ◆ The satisfaction of making a difference in someone's life

## SCUCS IS AN APPROVED MEDICAID PROVIDER

Fully licensed by the  
NJ Department of Health &  
Senior Services

## OTHER SCUCS SERVICES INCLUDE:

- ◇ Caregiver Respite
- ◇ Caregiver Training
- ◇ Emergency Services
  - Central Air Conditioning Repairs
  - Central Air Conditioning Replacement
  - Food Bags
  - Fuel Assistance
  - Heater Repairs
  - Heater Replacement
  - Minor Core Repairs
  - Rental Assistance
  - Utility Bill Assistance
- ◇ Geriatric Care Management
- ◇ HECM Counseling
- ◇ Home Delivered Meals
- ◇ Homemaker Assistance
- ◇ Housing Counseling
- ◇ Medical Appliance Lending Closet
- ◇ Nutrition Sites
- ◇ Personal Care
- ◇ Recreational Trips
- ◇ Senior Shared Housing
- ◇ Services for Community Living
- ◇ Shut-in Shopping
- ◇ Transportation
  - Dialysis Rides
  - Employment Rides
  - Municipal Shopping Rides
  - Non-emergency Medical Rides
  - Personal Business Rides
  - Sheltered Workshops
  - Special Event Transportation

# ADULT FAMILY CARE

**“ASSISTED LIVING SERVICES  
IN A PRIVATE HOME”**



*A project of*

**SENIOR CITIZENS UNITED  
COMMUNITY SERVICES, INC.**



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