# HOME DELIVERED MEALS PROGRAM

The Camden County Home Delivered Meals Program provides one meal per weekday for home-bound seniors 60+ years of age, as well as for those 18-59 years of age who are physically or mentally unable to leave their home and live in Camden County. Weekend meals (frozen) are also available to priority-ranked clients.

Meals are prepared to meet one-third the RDI (recommended dietary intake) as established by the USDA. All meals are planned and approved by a Registered Dietician.

# **APPLICATION PROCESS**

In order to begin receiving meals, you must go through an application process:

The initial assessment can be done over the phone. Residents living in **Bellmawr and towns north should call SCUCS at (856) 456-1121 Ext. 444.** County residents living in **Runnemede and towns south should call (856) 679-2040**.

After this portion of the assessment is complete, a form will be faxed to your physician to complete which certifies your need for the meals. When this form is completed and received by SCUCS, it will be reviewed to determine your level of need.

Based on this determination, you will be *approved* for home delivered meals <u>or</u> *denied* based on your information. If denied, you may be referred to a nutrition site closest to you.

During high service demand times, you may be placed on a Waiting List.

You do have the option to purchase these meals and pay privately at a cost of \$7.85 per meal. This price includes delivery. You will be billed monthly for these meals.

FOR MONTHLY MENUS AND MORE INFORMATION, VISIT OUR WEBSITE AT WWW.SCUCS.ORG

### **PRIORITY FACTORS**

- Those who live alone, cannot provide meals for themselves and have no family or friend support.
- Those who are homebound and only leave their home for medical appointments.
- Those who only have the support of family and/or friends on weekends.
- Those with a chronical illness documented by a physician.

While there is no charge for these meals, donations are requested and are greatly needed to continue to provide this service to the needy residents of our county.

The actual cost of each meal is \$7.85.

To offset this cost, SCUCS suggests a donation of \$3.00 per meal

All donations are confidential.

#### FOR MORE INFORMATION

Contact the Nutrition Program at (856) 456-1121 Ext. 444 Monday through Friday, 9:00 am to 4:00 pm.

# THE NUTRITION PROGRAM IS FUNDED BY:

Camden County Board of Freeholders

Department of Health & Human Services

Division of Senior Services—
ADRC





#### OTHER SCUCS SERVICES INCLUDE:

- Adult Family Care
- Caregiver Respite
- Caregiver Training
- Emergency Services

Central Air Conditioning Repairs

Central Air Conditioning Replacement

Food Bags

**Fuel Assistance** 

**Heater Repairs** 

Heater Replacement

Minor Core Repairs

**Rental Assistance** 

**Utility Bill Assistance** 

- Geriatric Care Management
- HECM Counseling
- Homemaker Assistance
- Housing Counseling
- Medical Appliance Lending Closet
- Nutrition Sites
- Personal Care
- Recreational Trips
- Senior Shared Housing
- Services for Community Living
- ♦ Shut-in Shopping
- Transportation

Dialysis Rides

**Employment Rides** 

Municipal Shopping Rides

Non-emergency Medical Rides

Personal Business Rides

**Sheltered Workshops** 

**Special Event Transportation** 

# HOME DELIVERED MEALS



A project of

SENIOR CITIZENS UNITED COMMUNITY SERVICES, INC.



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